

# Practice Bastian Hölscher

Specialist in general medicine, functional medicine

## Overview of services

*April 2024 - Background to the price adjustment from May 2024*

Dear patients,

*the new prices listed below will apply from May 2024. In addition to the general price trend, one of the main reasons for the price increase is the significantly increasing complexity of patient cases. I ask for your understanding.*

My practice specializes in functional medicine, nutritional medicine and Chinese medicine for self-paying and private patients.

I have deliberately decided to give back my health insurance license so that I can treat you in the best possible way without time pressure.

You will receive an invoice from me for your treatment, which can generally be claimed for tax purposes. If you are privately insured, your private health insurance will usually reimburse part of the costs, and in most cases the laboratory tests will also be reimbursed.

The costs of my treatment are based on the current scale of fees for doctors (GOÄ), but there is often a higher rate of increase. I can therefore not guarantee reimbursement by private health insurance companies.<sup>1)</sup>

Nevertheless, there is often uncertainty about the costs involved, so I have listed a few examples here:

Initial anamnesis (60 min.)	€250
Follow-up anamnesis (50 min.)	€230
Follow-up anamnesis (25 min.)	€115
Infusions <sup>2)</sup>	€65
Telephone calls max. 10 minutes <sup>3)</sup>	€35

I always charge for the booked period. This means the following: If you book a 50-minute appointment, I will also charge for a 50-minute appointment, etc.

Appointments that are not canceled 24 hours in advance via online link or e-mail will unfortunately be charged in full.

As part of the treatment according to Functional Medicine, several detailed consultations (50 minutes) are usually essential.

In addition, there are usually laboratory tests and other technical examinations (the costs for the necessary examinations are usually between €750 and €1000).

Further costs arise from the prescription of dietary supplements and medication. Here the costs vary depending on the severity of the illness and the chosen dietary behavior. For many patients, the cost of dietary supplements is between €150 and €300 per month.

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Special feature in the treatment of cancer patients:

A cancer diagnosis is a big shock for many of those affected. In recent years, more and more cancer patients have been coming to me for treatment, so I would like to present a clear picture of cancer treatment right from the start:

1. the (co-)treatment of cancer according to the principles of functional medicine is now a frequent reason for treatment in my practice. From the experience of recent years, I know that I can contribute a great deal to recovery here.
2. the complexity of the disease and the particular psychological challenge faced by many of my patients make close support essential, especially at the beginning of treatment. As a general rule, you should allow for 3 months, you should allow for approx. 3 appointments per month.
3. in the case of cancer, the costs for diagnostics and prescribed nutritional supplements are often significantly higher than for other illnesses.

Sincerely,  
Bastian Hölscher

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Notes:

<sup>1)</sup> (Unfortunately, I am not in a position to answer the significantly increased and more detailed queries from private health insurance companies "on the side". I will be happy to assist you with any queries from your health insurance company - please send me all the necessary documents by email and book a 25-minute appointment via my web portal - I will then bill you for this appointment as normal).

<sup>2)</sup> (I charge €65 per infusion without active ingredient - i.e. the €65 includes the installation of the infusion needle, 250ml infusion solution and infusion set. The active ingredient (e.g. iron for an iron infusion) is then charged separately depending on the active ingredient - here the costs depend on the active ingredient administered).

<sup>3)</sup> (Telephone calls are used for the short-term clarification of acute problems or the preparation of laboratory tests. Sometimes the need for a call is greater - in the case of calls that significantly exceed the time frame, I take the liberty of adjusting the costs accordingly).

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I hereby accept the above-mentioned treatment conditions.

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Place, date

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Signature